

WHOPPER® Bar

Nutrition Information - April 2011

Nutrition facts	Calories	Calories from Fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	Allergens ▲
WHOPPER® Bar Favorites												
MEAT BEAST WHOPPER™ Sandwich	900	530	59	21	1.5	130	1760	53	3	12	41	MWES
ANGRY WHOPPER™ Sandwich	880	490	55	18	2.0	110	1670	59	3	13	37	MWE
Bourbon WHOPPER® Sandwich	910	510	57	19	1.5	115	1620	63	3	12	39	MWES
California WHOPPER® Sandwich	820	500	56	18	1.0	110	1400	50	4	8	38	MWES
Steakhouse XT™ Burger	710	410	45	17	0	115	1200	40	2	9	35	MWES
Mushroom and Swiss Steakhouse XT™ Burger	840	440	49	20	0.5	125	1880	53	4	11	43	MWES
BK BLACK AND BLEU STEAKHOUSE XT™ Burger	830	460	51	20	0	130	1520	50	3	19	42	MWES
Pepper Bacon Steakhouse XT™ Burger	900	530	59	23	1	150	1890	51	2	8	44	MWES
TENDERCRISP® Chicken Sandwich	800	410	46	8	0.5	70	1640	68	3	9	32	MWES
WHOPPER® Sandwiches												
WHOPPER® Sandwich	670	360	40	11	1	75	980	51	3	11	29	WES
w/o Mayo	510	200	23	9	0.5	65	840	51	3	11	28	WS
WHOPPER® Sandwich with Cheese	760	430	47	16	1	100	1410	53	3	11	33	MWES
w/o Mayo	600	270	30	14	1	85	1270	53	3	11	32	MWS
DOUBLE WHOPPER® Sandwich	900	510	57	19	1.5	140	1050	51	3	11	47	WES
w/o Mayo	740	350	39	16	1	130	910	51	3	11	47	WS
DOUBLE WHOPPER® Sandwich with Cheese	990	580	65	24	1.5	160	1480	53	3	11	52	MWES
w/o Mayo	830	420	47	21	1.5	150	1340	53	3	11	52	MWS
TRIPLE WHOPPER® Sandwich	1140	670	75	27	2	205	1110	51	3	11	67	WES
w/o Mayo	980	510	57	24	1.5	190	970	51	3	11	66	WS
TRIPLE WHOPPER® Sandwich With Cheese	1230	740	82	32	2	225	1550	53	3	11	71	MWES
w/o Mayo	1070	580	64	29	2	215	1410	53	3	11	71	MWS
WHOPPER JR.® Sandwich	340	170	19	5	0	40	510	28	2	6	14	ES
Chicken and Salads												
CHICKEN TENDERS®- 4 piece	190	100	11	2	0	25	310	10	1	0	10	W
BK® Chicken Fries (6 pc)	250	130	15	2.5	0	30	820	16	1	1	14	W
BK® Chicken Fries (9 pc)	380	200	22	4	0	40	1220	24	2	1	21	W
TENDERGRILL® Chicken Sandwich	470	170	18	3.5	0	85	1100	40	2	7	37	WES
Spicy CHICK'N CRISP® Sandwich	460	270	30	5	0	30	810	34	2	4	13	WES
Garden Salad	70	35	4	2.5	0	10	100	7	3	2	4	M
Garden Salad with TENDERCRISP® Chicken	410	200	23	6	0	65	1060	27	4	5	27	MWE
Side Items												
BK® Fresh Apple Fries	25	0	0	0	0	0	0	6	1	5	0	NONE
French Fries (small)	340	160	17	3.5	0	0	530	44	4	0	4	NONE
French Fries (medium)	440	200	22	4.5	0	0	670	56	5	0	5	NONE
Onion Rings (small)	310	150	17	3	0	0	490	36	3	4	4	W
Onion Rings (medium)	400	190	21	3.5	0	0	630	47	4	5	6	W

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HAVE IT YOUR WAY® Options												
Condiments												
Ketchup (.5oz)	10	0	0	0	0	0	125	3	0	2	0	NONE
Mustard (.5oz)	10	0	0	0	0	0	170	1	0	0	1	NONE
Mayonnaise (Packet)	80	80	9	0.5	0	10	75	1	0	0	0	E
Mayonnaise (.5oz)	110	100	12	2	0	10	95	0	0	0	0	E
Mayonnaise (.75oz)	160	160	18	3	0	10	140	0	0	0	0	E
A.1.® THICK & HEARTY STEAK SAUCE (.5oz)	20	0	0	0	0	0	240	5	0	4	0	NONE
Breakfast Syrup (1oz)	80	0	0	0	0	0	20	21	0	14	0	NONE
Blackened Cajun Sauce (.5 oz)	80	70	8	1	0	5	190	1	0	1	0	E
Barbecue Dipping Sauce (1oz)	40	0	0	0	0	0	310	11	0	10	0	NONE
Honey Mustard Dipping Sauce (1oz)	90	50	6	1	0	10	180	8	0	7	0	E
Zesty Dipping Sauce (1oz)	150	135	15	2.5	0	20	240	3	0	1	0	ES
KEN'S® Light Italian Dressing	120	100	11	1.5	0	0	440	5	0	4	0	NONE
KEN'S® Ranch Dressing	190	180	20	3	0	20	550	2	0	1	1	ME
KEN'S® Creamy Caesar	210	190	21	4	0	25	610	4	0	3	3	MWESF
Low fat Caramel Sauce	45	5	0.5	0	0	0	35	10	0	5	0	M
Unique Toppings												
American Cheese (slice)	45	30	4	2.5	0	10	220	1	0	0	2	MS
Blue Cheese Crumbles (.5 oz)	50	40	4	3	0	10	220	1	0	0	3	M
Cheddar Cheese (slice)	50	40	4.5	3	0	15	240	1	0	0	3	MS
Pepper Jack Cheese (slice)	40	30	3.5	2	0	10	210	0	0	0	2	MS
Swiss Cheese (slice)	40	30	3	2	0	10	190	0	0	0	3	MS
Pepperoni (2 slice)	45	40	4	1.5	0	10	180	0	0	0	2	NONE
Bacon (4 strips)	50	40	4	1.5	0	10	200	0	0	0	4	NONE
Pepper Bacon (4 Strips)	50	40	4	0	0	5	190	1	0	1	2	NONE
Guacamole Spread (1.5oz)	70	60	7	1	0	0	180	3	2	1	1	NONE
Thousand Island Sauce (.5oz)	70	50	6	1	0	5	125	3	0	0	0	E
Angry Sauce (.5oz)	25	0	0	0	0	0	150	6	0	5	0	NONE
Bourbon Flavored Sauce (.5oz) * Does not contain alcohol	25	0	0	0	0	0	210	5	0	4	0	WS
Parmesan Peppercorn Sauce (.5oz)	90	90	10	1.5	0	10	150	0	0	0	0	EM
Sliced Dill Pickles (4)	0	0	0	0	0	0	200	0	0	0	0	S
Jalepeno Peppers (.33oz)	0	0	0	0	0	0	140	0	0	0	0	NONE
Onion Rings (4 ring)	80	40	4.5	0.5	0	0	130	10	1	1	1	W
Angry Onions (.75oz)	70	30	4	0	0.5	0	105	7	0	0	1	W
Grilled Onions (1oz)	20	5	0.5	0	0	0	90	3	1	1	0	NONE
Crispy Onions (1oz)	150	90	10	0.5	0	0	75	2	2	1	2	W
Sauteed Mushrooms (1oz)	25	20	2	0	0	0	140	2	1	1	1	WS

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	Desserts											
Soft Serve Cone	180	60	7	4	0	25	110	29	0	24	4	MWS
OREO® BK SUNDAE FUSION™	440	170	19	11	0	40	320	88	2	72	8	MWS
OREO® BK SUNDAE Shake	1030	280	31	21	0.5	65	830	175	3	145	16	MWS
Chocolate Fudge Sundae	290	70	8	7	0	20	230	53	1	45	6	M
Caramel Sundae	300	60	7	5	0	25	260	55	0	39	5	M
HERSHEY®'S Pie	300	160	18	12	0	10	210	31	1	22	3	MWS
Breakfast												
CROISSAN'WICH® Egg & Cheese	300	140	16	7	0	180	690	26	0	5	11	MWES
CROISSAN'WICH® Sausage & Cheese	380	220	24	10	0	50	780	26	0	3	14	MWES
CROISSAN'WICH® Sausage, Egg & Cheese	460	280	31	11	0.5	215	1000	27	0	5	19	MWES
CROISSAN'WICH® Bacon, Egg & Cheese	340	170	19	8	0	190	840	26	0	5	14	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese	680	440	49	18	1	255	1520	29	0	5	29	MWES
DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese	420	230	25	11	0.5	210	1200	27	0	6	20	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Bacon, Egg, & Cheese	550	340	37	15	1	235	1360	28	0	5	24	MWES
Sausage, Egg, & Cheese Biscuit	570	330	37	19	1	210	1510	34	1	4	20	MWES
Bacon, Egg & Cheese Biscuit	420	220	25	16	1	185	1360	34	1	5	16	MWES
Pancake Platter w/ Sausage & 1 oz Breakfast Syrup	670	300	34	9	0	125	1010	78	1	36	14	MWES
Brunch Platter	1060	540	61	15	0.5	485	1710	103	4	39	26	MWES
BK™ Breakfast Platter	810	480	54	22	1	360	1790	57	4	5	25	MWE
BK™ Ultimate Breakfast Platter	1310	650	72	26	1	455	2490	134	5	41	32	MWES
French Toast Sticks (5 piece)	380	160	18	3	0	0	430	49	2	13	5	WS
Hash Browns - small	250	150	16	3.5	0	0	410	24	3	0	2	W
Hash Browns - medium	500	290	33	7	0	0	810	48	7	0	4	W

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Beverages- Bottled beverages have nutrition facts on the bottle												
Coca Cola® classic‡- 22 oz small	210	0	0	0	0	0	5	56	0	56	0	NONE
Coca Cola® classic‡- 32 oz med	290	0	0	0	0	0	5	79	0	79	0	NONE
Diet Coke®‡- 22oz small	0	0	0	0	0	0	20	0	0	0	0	NONE
Diet Coke®‡- 32 oz medium	0	0	0	0	0	0	25	0	0	0	0	NONE
Coke Zero®‡- 22oz small	0	0	0	0	0	0	10	0	0	0	0	NONE
Coke Zero®‡- 32 oz medium	0	0	0	0	0	0	15	0	0	0	0	NONE
Sprite®‡- 22 oz small	210	0	0	0	0	0	45	56	0	56	0	NONE
Sprite®‡- 32 oz medium	290	0	0	0	0	0	65	79	0	79	0	NONE
Dr. Pepper®‡- 22 oz small	200	0	0	0	0	0	50	56	0	56	0	NONE
Dr. Pepper®‡- 32 oz medium	280	0	0	0	0	0	70	78	0	78	0	NONE
Gold Peak® Unsweetened Tea‡, 22oz Small	0	0	0	0	0	0	0	0	0	0	0	NONE
Gold Peak® Unsweetened Tea‡, 32oz Medium	0	0	0	0	0	0	0	0	0	0	0	NONE
Gold Peak® Sweet Green Tea‡, 22oz Small	170	0	0	0	0	0	0	45	0	0	0	NONE
Gold Peak® Sweet Green Tea‡, 32oz Medium	240	0	0	0	0	0	0	64	0	0	0	NONE
Gold Peak® Sweet Tea‡, 22oz Small	170	0	0	0	0	0	0	45	0	0	0	NONE
Gold Peak® Sweet Tea‡, 32oz Medium	240	0	0	0	0	0	0	64	0	0	0	NONE
MINUTE MAID® Light Lemonade‡ 22oz small	10	0	0	0	0	0	0	1	0	0	0	NONE
MINUTE MAID® Light Lemonade‡ 32oz medium	10	0	0	0	0	0	5	1	0	0	0	NONE
Hi-C Fruit Punch™‡, 22oz Small	220	0	0	0	0	0	20	59	0	59	0	NONE
Hi-C Fruit Punch™‡, 32oz Medium	310	0	0	0	0	0	25	84	0	83	0	NONE
Seattle's Best Coffee® Iced Vanilla (22oz) with whip	340	90	10	9	0	10	120	60	0	57	3	M
Seattle's Best Coffee® Iced Mocha (22oz) with whip	400	100	11	10	0	10	300	71	2	65	4	M
Seattle's Best Coffee® Iced Coffee (22oz)	130	35	4	3	0	15	105	21	0	17	3	M
Fat Free Milk	90	0	0	0	0	5	150	14	0	14	10	M
1% Low Fat Chocolate Milk	160	25	2.5	1.5	0	15	150	26	0	25	8	M
Vanilla Milk Shake - 22 oz cup	520	140	16	12	0	55	420	84	0	69	12	M
Chocolate Milk Shake - 22 oz cup	650	140	16	12	0	50	530	119	2	103	12	M
Strawberry Milk Shake -22 oz cup	630	140	15	11	0	50	400	116	0	102	11	M
OREO® BK® Sundae Shake- Vanilla 22 oz	790	150	28	19	0.5	55	640	124	1	97	14	MWS
Minute Maid® Orange Juice- 10 oz	140	0	0	0	0	0	20	33	0	30	2	NONE
Seattle's Best Coffee® ‡- Decaf- 16 fl oz	0	0	0	0	0	0	10	1	0	0	1	NONE
Seattle's Best Coffee®‡- Decaf- 20 fl oz	0	0	0	0	0	0	10	1	0	0	1	NONE
Seattle's Best Coffee®‡- regular- 16 fl oz	0	0	0	0	0	0	20	1	0	0	1	NONE
Seattle's Best Coffee®‡- regular- 20 fl oz	0	0	0	0	0	0	25	1	0	0	1	NONE

Legal and Allergen information

Allergen Key:

M: MILK E: EGG P: Peanut T: Tree nut

W: WHEAT S: Soy or soy lecithin F: Fish

NONE: Contains none of the above allergens

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•The sodium content of French Fries may vary based on level added after cooking. To reduce sodium, HAVE IT YOUR WAY® and order your french fries without salt. "±": These values represent sodium derived from ingredients other than water. The actual amount of sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.

Products that are fried in a shared fryer include **but may not be limited to:** BK BIG FISH® Filet, Pork Sausage, TENDERCRISP® Chicken patty, CHICKEN TENDERS®, BK® Chicken Fries, Original Chicken Patty, Spick CHICK'N CRISP® Patty, Hash browns, French Toast Sticks, Funnel cake sticks and Onion Rings. French Fries are cooked in a fryer designated for French Fries only. Fryer oil contains: corn, canola, soy and or/cottonseed oils.

▲ Please note:

This information provided by Burger King Corporation regarding our food is as complete as possible at the time of this publication. The information on this list is reported to us by our suppliers and is based on Burger King Corporation's standard product formulations. Variations may occur depending on the supplier and on product assembly on a restaurant-by-restaurant basis. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products.

From time to time, restaurants may test or feature products containing dairy (or other allergens) which will be cooked in the same broiler with beef and chicken products. At those times, it is possible that small amounts of milk protein (or other allergens) may be present on beef and chicken patties. Burger King Corporation, its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.bk.com on a regular basis to obtain the most up-to-date information about our food before you order. If you have specific questions about our menu, call:

Burger King Consumer Relations Department:

(305) 378-3535 (Monday-Friday 9 a.m.-5 p.m. ET)

or mail inquiries:

Burger King Corporate Office

Attn: Consumer Relations Department

5505 Blue Lagoon Drive

Miami, FL 33126

INGREDIENTS: updated 3/2011

BUNS:

SESAME SEED BUNS: enriched flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin, iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid sucrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast may contain 2% or less of the following: salt, (vital) wheat gluten, sesame seeds, yeast food (may contain one or more of the following: calcium sulfate, ammonium sulfate, monocalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monoglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearoyl-2-lactylate, datem, l-cysteine), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), vinegar, soy flour, corn starch.

CONTAINS: WHEAT AND SOY.

Ciabatta Bun: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, sugar cane syrup, enriched semolina (durum wheat, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid) soybean oil contains 2% or less of the following: wheat gluten, wheat flour, high fructose corn syrup, honey, salt, yeast, lactic acid, fumaric acid, artificial flavor, acetic acid, potassium iodate, enzymes, calcium propionate (to retard spoilage) **CONTAINS: WHEAT**

CORN DUSTED BUNS: Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour Or Alpha Amylase From Aspergillus Orizae, Niacin, Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Ascorbic Acid), Water, High Fructose Corn Syrup Or Liquid Sucrose, Yeast, Vegetable Oil (Canola And/Or Soy) Or Soybean And/Or Cottonseed Oil. *May Contain 2% Or Less Of The Following:* Salt, (Vital) Wheat Gluten, Soy Flour, Vegetable Gum, Cellulose Gum, (Yellow) Corn Meal, Corn Starch, Corn Flour, Yeast Nutrient (May Contain One Or More Of The Following: Ammonium Sulfate, Monocalcium Phosphate, Calcium Sulfate, Calcium Carbonate) Dough Conditioners (May Contain One Or More Of The Following: Wheat Starch, Microcrystalline Cellulose, Sorbitol, Sodium Chloride, Magnesium Stearate, Distilled Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, Mono- And Diglycerides, Ethoxylated Mono- And Diglycerides, Calcium Peroxide, Calcium Stearoyl-2-Lactylate, Datem), Enzymes, Preservatives (Calcium Propionate And/Or Sorbic Acid). Does not contain animal ingredients. **Contains: WHEAT AND SOY.**

BEEF and CHICKEN:

WHOPPER® PATTIES: 100% USDA inspected Ground Beef (Fire-Grilled).

Steakhouse XT™ Patty: beef, encapsulated salt (salt, hydrogenated vegetable oil), flavorings, beef fat, beef stock, dextrose

TENDERGRILL® CHICKEN FILET (grilled): Caramel Color and Smoke Flavor Added Chicken Breast with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Autolyzed Yeast Extract, Garlic Powder, Spices, Natural Flavors, Onion Powder, Modified Corn Starch, Chicken Fat, Chicken Powder, Chicken Broth, Disodium Guanylate and Disodium Inosinate, Citric Acid, Partially Hydrogenated Soybean Oil, Dehydrated Garlic, and Artificial Flavors.), Modified Corn Starch, Soybean Oil, Salt, Sodium Phosphates. Glazed with: Water, Seasoning [Maltodextrin, Salt, Sugar, Methylcellulose, Autolyzed Yeast Extract, Partially Hydrogenated Sunflower Oil, Modified Potato Starch, Fructose, Partially Hydrogenated Soybean Oil, Garlic Powder, Onion Powder, Dehydrated Garlic, Spices, Modified Corn Starch, Xanthan Gum, Natural Flavors, Disodium Guanylate and Disodium Inosinate, Chicken Fat, Carmel Color, Grill Flavor (from Partially Hydrogenated Soybean and Cottonseed Oil), Chicken Powder, Chicken Broth, Turmeric, Smoke Flavor, Annatto Extract, and Artificial Flavors], Soybean Oil or Partially Hydrogenated Soybean Oil.

Breaded TENDERCRISP® Chicken Filet (Fried Whole Muscle Breast): Chicken Breast With Rib Meat, containing: up to 18% of a solution of Water, Seasoning (Sugar, Monosodium Glutamate, Salt, Spices, Mustard Flour, Soybean Oil), Modified Corn Starch, Sodium Phosphates. **BREADED WITH:** Bleached Wheat Flour, Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Monosodium Glutamate, Nonfat Dry Milk, Dried Whey, Paprika, Extractives of Turmeric. **PREDUSTED AND BATTERED WITH:** Water, Wheat Flour, Salt, Whole Egg Solids, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Monosodium Glutamate, Dried Whey, Soybean Oil. **Breading set in Soybean Oil. Contains: MILK, WHEAT, EGG.**

CHICKEN TENDERS® (Fried): Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, flavoring [potassium chloride, flavoring, autolyzed yeast extract, maltodextrin (corn, potato), salt, chicken fat, contains less than 2% (chicken broth, citric acid, dextrin, disodium inosinate & disodium guanylate, dried chicken, mannitol, modified cornstarch)], modified food starch, salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, modified corn starch, salt, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, spices, garlic powder, onion powder, extractives of turmeric. **BATTERED WITH:** Water, wheat flour, modified wheat starch, modified corn starch, salt, sodium gluconate, leavening (sodium aluminum phosphate, sodium bicarbonate), garlic powder, spice, onion powder, potassium chloride. **PREDUSTED WITH:** Wheat flour, modified corn starch, wheat gluten, salt, leavening (sodium aluminum phosphate, sodium bicarbonate), sodium gluconate, onion powder, garlic powder, potassium chloride, spice. **Breading set in vegetable oil.**

CONTAINS: WHEAT

SIDE ITEMS:

BK® Fresh Apple Fries: Apple, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color).

FRENCH FRIES (Fried): Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color. **Fried in a fryer designated for french fries only**

ONION RINGS (Fried): Rehydrated Onion, Bleached Wheat Flour, Soybean Oil, Water, Yellow Corn Flour, Sugar. *Contains 2% or less of the following:* Gelatinized Wheat Starch, Corn Starch, Calcium Chloride, Modified Food Starch, Methyl Cellulose, Salt, Fructose, Guar Gum, Sodium Alginate, Dextrose, Yeast, Sodium Bicarbonate, Sodium Triphosphate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Sunflower Oil, Natural Flavors, Grill Flavor, Garlic Powder, Hydroxypropyl Methyl Cellulose, Sorbitol. Natural flavors from plant sources. **Contains: WHEAT**

SALAD TOPPINGS:

GARLIC PARMESAN CROUTONS: Enriched Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean Oil, Water, Yeast, High Fructose Corn Syrup. *Contains 2% Or Less Of The Following:* Salt, Wheat Gluten, Corn Syrup Solids, Whey, Romano From Cow's Milk And Parmesan Cheeses (Part Skim Milk, Cultures, Salt, Enzymes), Autolyzed Yeast Extract, Cheese Powder (Cheddar Cheese [Milk, Cultures, Salt, Enzymes], Whey Protein Concentrate, Maltodextrin, Natural Flavor, Disodium Phosphate, Blue Cheese [Milk, Cultures, Salt, Enzymes], Nonfat Milk, Citric Acid), Garlic, Calcium Propionate (Preservative), Parsley, Dough Conditioners (*May Contain One Or More Of The Following:* Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Calcium Peroxide, Calcium Sulfate, Ammonium Sulfate, Calcium Iodate, Ascorbic Acid), Cultured Nonfat Milk, Natural And Artificial Flavor, Cultured Whey, Citric Acid, Annatto And Turmeric (Color) And TBHQ (To Preserve Freshness). **Contains: MILK AND WHEAT**

Salad Dressing Ingredients are listed on the package of the salad dressing portion.

CONDIMENTS, SAUCES, & TOPPINGS: Dipping Sauces also have ingredients listed on the package

AMERICAN CHEESE (PASTEURIZED PROCESS): Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Lecithin. Artificial Colors may consist of one or more of the following: Annatto Extract, Beta-Apo-8'-Carotenal, Beta-Carotene, Canthaxanthin, Paprika Oleoresin, Tumeric Oleoresin. **Contains: MILK and SOY LECITHIN.**

BLUE CHEESE CRUMBLES: whole milk, cheese culture, salt, enzymes, penicillium roqueforti. **Contains: MILK**

CHEDDAR CHEESE (SLICE): cultured milk, water, cream, sodium citrate, salt, sorbic acid (preservative), artificial color, acetic acid, enzymes, lactic acid, soy lecithin. **Contains: MILK and SOY LECITHIN.**

PEPPER JACK CHEESE (SLICE): monterey jack cheese(cultured milk, salt, enzymes), water, cream, jalapeno peppers, sodium citrate, salt, sorbic acid (preservative), lactic acid, artificial color, lecethin. **Contains: MILK and SOY LECITHIN.**

SWISS CHEESE: swiss cheese (cultured milk, salt, enzymes), water, cream, sodium citrate, enzyme modified cheese, sodium phosphate, sorbic acid (preservative), citric acid, and soy lecithin. **contains: MILK and SOY LECITHIN.**

PEPPERONI: Pork, beef, salt, dextrose, spices, lactic acid starter culture, oleoresin of paprika, dehydrated garlic, sodium nitrite, BHA, BHT, citric acid. BHA & BHT with citric acid added to help protect flavor.

BACON: Bacon (cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium erthrobate, sodium nitrate)

PEPPER BACON: fully cooked, sliced peppered bacon smoke flavoring added coated with a mixture of ground black pepper and sugar. cured with water, salt, sugar, smoke flavoring, sodium phosphate, sodium erythorbate, sodium nitrite.

GUACAMOLE SPREAD : Hass Avocado, Water, Tomato, Onion, Salt, Sugar, Cilantro, Erythorbic Acid and/or Ascorbic Acid (maintains natural color), Dehydrated Garlic, Sodium Alginate, Xanthan Gum, Jalapeno Powder, Citric Acid.

THOUSAND ISLAND SAUCE: soybean oil, sweet relish(cured cucumbers, high fructose corn syrup, vinegar, onion, salt, red bell peppers, xanthan gum, sodium benzoate and potassium sorbate(preservatives), natural flavorings, calcium chloride, polysorbate 80, extractives of turmeric), sugar, water, distilled vinegar, tomato paste, egg yolk, contains less than 2% salt, dehydrated onion, xanthan gum, sodium benzoate and potassium sorbate as preservatives, natural and artificial flavors, propylene glycol alginate, polysorbate 60, caramel color, oleoresins paprika and turmeric (color), calcium disodium edta added to protect flavor. **CONTAINS: EGG**

LETTUCE, TOMATOES, and ONIONS: US Grade #1.

MUSHROOMS: mushrooms, soybean oil, seasoning (salt, modified corn starch, dextrose, yeast extract, caramelized sugar, spice, maltodextrin, natural flavors), flavoring (soybean oil, natural flavors).

SWEET BABY RAYS BBQ Sauce: High Fructose Corn Syrup, Vinegar, Water, Tomato Paste, Modified Food Starch, Contains less than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel, Jalapeno Pepper, Sodium Benzoate as a preservative, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor

ANGRY SAUCE: mustard (water, vinegar, mustard seed, salt, tumeric, paprika, spices), high fructose corn syrup, sugar, water, apple cider vinegar, tomato paste, brown sugar, salt, food starch-modified, potassium sorbate and sodium benzoate (preservatives), habanero peppers, natural smoke, garlic*, onion*, distilled vinegar. *dehydrated

BOURBON SAUCE: Brown sugar, water, soy sauce (water, soybeans, salt, benzoate as preservative), onion, pineapple juice concentrate, modified food starch, pineapple, soybean oil, vinegar, lemon juice concentrate, salt, garlic, spice, natural flavor, sodium benzoate and potassium sorbate as preservatives, calcium disodium EDTA to protect flavor.

BLACKENED CAJUN SAUCE: Soybean Oil, Vinegar, Creole Mustard (Ground Mustard Seeds, Distilled Vinegar, Salt, Algin Derivative), Corn Syrup, Garlic, Salt, Contains less than 2% of: Egg Yolk, Cayenne Pepper, Tomato Paste, Jalapeno Pepper, Spice, Green Bell Pepper, Paprika, Sugar, Maltodextrin, Chipotle Pepper, Natural Flavor, Xanthan Gum, Potassium Sorbate and Calcium Disodium EDTA as preservatives, Molasses, Caramel, Onion, Tamarind. **CONTAINS: EGG**

PEPPERCORN RANCH SAUCE: soybean oil, buttermilk (cultured pasteurized skim milk and milk, sodium citrate, salt), distilled vinegar, egg yolks, water, parmesan cheese (pasteurized milk, cheese culture, salt, enzymes), salt less than 2% of spices, monosodium glutamate, maltodextrin, artificial color (titanium dioxide), sodium acid sulfate, polysorbate 60, onion*, lactic acid, potassium sorbate and sodium benzoate (as preservatives), xanthan gum, garlic*, dextrose, buttermilk solids, disodium inosinate and disodium guanylate, parsley*, calcium disodium edta added to protect flavor. *dehydrated **CONTAINS: MILK, EGG**

JALAPENOS: jalapeno peppers, water, vinegar, iodized salt, spices

ANGRY ONIONS: Onion 58%, Water, Wheat Flour, Hydrogenated Vegetable Oil, Modified (Maize, Tapioca), Salt, Starch (Wheat, Potato), Dextrin, Flavouring, Raising Agents: E450, E500; Capsicum Extract, Stabiliser: E415. **CONTAINS: WHEAT**

GRILLED ONIONS: Onions, soybean oil, seasoning (salt, dehydrated garlic and onion, sugar, hydrolyzed corn gluten, chili pepper and other spices, citric acid, autolyzed yeast extract, natural flavors).

CRISPY ONIONS: Onions, Enriched Flour Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower, Safflower Or Canola Oil, Corn Starch, Tapioca Dextrin, Salt. **Contains: WHEAT**

A.1.® Thick & Hearty Steak Sauce: Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Raisin Paste, Orange Puree, Spice, Xanthan Gum, Dried Onions, Dried Garlic, Caramel Color.

BREAKFAST SYRUP: Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, Natural and Artificial Maple Flavor, Xanthan Gum, Phosphoric Acid, Cellulose Gum, Potassium Sorbate and Sorbic Acid as preservatives, Caramel Color. Natural Flavors from plant sources.

KETCHUP: Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.

MAYONNAISE: Soybean Oil, Eggs, Water, Distilled Vinegar. Contains 2% or less of the following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor+, Calcium Disodium EDTA added to protect flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin. Natural flavors from plant sources. **CONTAINS: EGG.**

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric.

PICKLES: Cucumbers, Water, Vinegar, Salt, Calcium Chloride or 1/10 of 1% Sodium Benzoate as a preservative, Alum and/or Propylene Glycol, Polysorbate 80, Natural Flavors+, Yellow #5, Turmeric Oleoresin, Blue #1, Soy Lecithin. Natural flavors from plant sources. **Contains: SOY LECITHIN.**

WHIP TOPPING -water, high fructose corn syrup, hydrogenated palm kernel oil, sugar, dextrose, *sodium caseinate (a milk derivative), contains less than 2% of the following: soy protein concentrate, polysorbate 60, carbohydrate gum, cellulose gel, salt, natural flavor, to preserve freshness (potassium sorbate), cellulose gum, polyglycerol esters of fatty acids, xanthan gum. contains: milk, soy * not a source of lactose **CONTAINS: MILK and SOY**

BREAKFAST:

BACON: Fully Cooked Bacon. Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

EGG OMELET: Whole Egg, Whey, Soybean Oil, Salt, Natural and Artificial Butter Flavor, Xanthan Gum, Citric Acid, Annatto (Color). **CONTAINS: EGG AND MILK**

PANCAKES: water, enriched flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, leavening (sodium aluminum phosphate, sodium bicarbonate), artificial flavors, dextrose, contains 2% or less of the following: salt, dry whole milk, soy lecithin, xanthan gum, guar gum. **CONATINS: WHEAT, EGG, MILK, SOY**

SAUSAGE (Fried): Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Flavor [Maltodextrin, Grill Flavor (from Soybean Oil), Modified Corn Starch, Corn Syrup Solids].

HASH BROWN ROUNDS (Fried): potatoes, soybean oil, dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate, citric acid), salt, corn flour, enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), natural flavoring, disodium dihydrogen pyrophosphate (to promote color retention), dextrose. **Contains: WHEAT**

CROISSANT: enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), skim milk, margarine (palm oil, water, salt, mono- and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color), vitamin a palmitate), high fructose corn syrup, yeast. contains 2% or less of each of the following: salt, egg yolks, corn syrup, water, mono- and diglycerides, maltodextrin, sugar, natural and artificial flavors, wheat gluten, calcium propionate (preservative), sodium caseinate, whey proteins, soy lecithin, soy flour. **CONTAINS: MILK, WHEAT, EGG, AND SOY**

FRENCH TOAST STICKS (Fried): Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearoyl lactylate, calcium stearoyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, azodicarbonamide, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerine, natural and artificial flavor, polysorbate 80, carrageenan. Fried in soybean oil. Contains: WHEAT, SOY, SOY LECITHIN,

Beverages:

Seattle's Best Coffee®: roasted and ground coffee

Seattle's Best Coffee®(decaf): roasted and ground decaf coffee

SHAKE MIX: Milkfat and Nonfat Milk, Sugar, Sweet Whey, High Fructose Corn Syrup, Corn Syrup, Natural and Artificial Vanilla Flavor, Guar Gum, Mono- and Diglycerides, Cellulose Gum, Sodium Phosphate, Carrageenan. Natural flavors from plant sources. **Contains MILK**

STRAWBERRY SHAKE SYRUP: Corn Syrup, Water, High Fructose Corn Syrup, Citric Acid, Artificial Flavor, Sodium Benzoate (Preservative), and Colored with Red #40.

CHOCOLATE SHAKE SYRUP: High Fructose Corn Syrup, Water, Dextrose, Cocoa (Processed with Alkali), Corn Syrup, Sweet Whey Powder, Salt, Xanthan Gum, Potassium Sorbate (Preservative), Citric Acid. **Contains Milk.**

COCA COLA® CLASSIC: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.

DIET COKE®: Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.

COCA COLA® ZERO: water, caramel colour, phosphoric acid, potassium citrate, aspartame (contains phenylalanine), potassium benzoate, natural flavour, acesulfame-potassium, caffeine, dimethylpolysiloxane.

SPRITE®: High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.

DR PEPPER®: High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.

Desserts:

HERSHEY'S SUNDAY PIE: Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil),Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following: Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin , Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milkfat, Glyceryl-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate,
Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk **Contain:** MILK, WHEAT, SOY

SOFT SERVE CONE: Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). **Contains WHEAT, SOY**

CHOCOLATE FUDGE SAUCE: High fructose corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), partially hydrogenated palm kernel oil, cocoa processed with alkali, water, corn starch, salt, sugar, mono & diglycerides, disodium phosphate, artificial flavor, xanthan gum and sodium alginate **Contains:** MILK

OREO PIECES: sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), high oleic canola oil and/or palm oil and/or canola oil and/or soybean oil, cocoa (processed with alkali), high fructose corn syrup, cornstarch, leavening (baking soda and/or calcium phosphate), salt, soy lecithin (emulsifier), vanillin - an artificial flavor, chocolate. **CONTAINS: WHEAT, SOY.**

VANILLA ICING: Liquid sugar, icing sugar, glucose, sugar, water, sorbitol, propylene glycol, salt, natural and artificial flavour, titanium dioxide, xanthan gum, canola oil, potassium sorbate, agar, cellulose gum, phosphoric acid, ascorbyl palmitate, tocopherols, citric acid. OR powdered sugar, water, corn maltodextrin, high fructose corn syrup, coconut oil, contains 2% or less of: dextrose, vegetable glycerine (soybean oil, corn oil, sunflower oil), donut glaze (tapioca dextrin, gum arabic, agar), salt, sodium alginate, natural & artificial vanilla flavor (propylene glycol, ethyl alcohol, natural and artificial flavors, water), potassium sorbate as a preservative, agar, titanium dioxide, phosphoric acid.

Please note:

This information provided by Burger King Corporation regarding our food is as complete as possible at the time of this publication: March 2011. Test or Regional products have not been included. The information on this list is reported to us by our suppliers and is based on Burger King Corporation's standard product formulations. Variations may occur depending on the supplier and on product assembly on a restaurant-by-restaurant basis. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products.

Burger King Corporation, its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.bk.com on a regular basis to obtain the most up-to-date information about our food before you order. If you have specific questions about our menu, call:

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